THE SUNDAY RESET

A SIMPLE WEEKLY RESET FOR BUSY MOMS

RESET THE HOME

- [ ] Sort laundry, start a load, and put clean clothes away
- [ ] Change the bed sheets
- [ ] Clean bathrooms
- [ ] Wash dishes and clear the sink
- [ ] Wipe counters and tables
- [ ] Vacuum and mop floors
- [ ] Empty trash and tidy shared spaces

RESET FAMILY SPACES

- [ ] Tidy the homeschool / learning area
- [ ] Put away toys, books, and things left around the house
- [ ] Restock everyday essentials

PREP FOR THE WEEK

- [ ] Check the family calendar and upcoming plans
- [ ] Plan a few easy meals and make a grocery list
- [ ] Choose outfits and gather anything needed for the week

A LITTLE REMINDER

Your home doesn't have to be perfect. Do what you can, make room for what matters, and give yourself a fresh start.

ONE THING I'M LOOKING FORWARD TO

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THIS WEEK'S FAMILY PRIORITY

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